

Middle School Instructions 2016 McNeil XC Invitational



Coaches,

Email list of names to MS timer Charlie Sanchez by 9/27/2016. Middle school does NOT register online at directathletics.

sanchezc@gmail.com

Include first and last name, grade, Gender, school name. **(Please use Excel)**

Example:

Name	Gender	Grade	Team
John Doe	M	7	Ace MS
Jane Doe	F	8	Ace MS
John Smith	M	8	Ace MS

Please include everybody you think will run even if they do not show. They will be dropped if no place card is turned in.

The Middle School race will began at 7:30 and cover 3200 meters. All runners will be timed, and given place card at end of race. Coaches are responsible for turning in the envelope with place card at end of race. Turn in the envelopes promptly at the Middle School Timing table.

Boys and girls races will be separated in the finish chute with girls to right and boys to left.

Awards: No team trophy. Medals for top 25, and finisher ribbon for all participants.

Results will be posted at : <https://www.oharasteven.com/rcc/index.html>

Parking: Team Parking will enter thru back of park off of Red Bud or Old Settlers Blvd. This is for team bus parking, if your kids come with parents they need to enter from front of park (Dell Diamond) parents will be charged \$3.00, athlete must show uniform to enter.